

Book Review Information

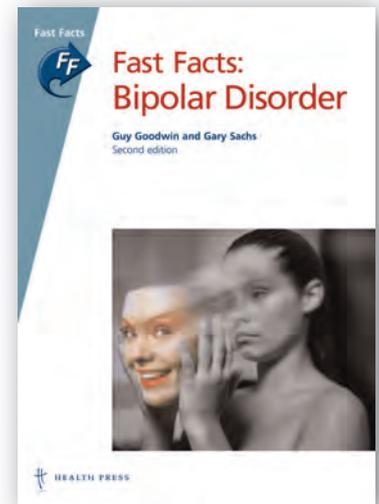
Fast Facts



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Fast Facts: Bipolar Disorder

Guy Goodwin, Professor of Psychiatry, University of Oxford Department of Psychiatry, Warneford Hospital, Oxford, UK and **Gary Sachs**, Director, Bipolar Clinic and Research Program, Massachusetts General Hospital and Associate Professor of Psychiatry, Harvard Medical School, Boston, USA

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About the book:

Fast Facts: Bipolar Disorder is a highly accessible synopsis of current understanding of, and strategies, for bipolar disorder. Written by two experts of international renown, this fully updated second edition of the book describes the diagnosis, etiology and short- and long-term treatment strategies for this historically neglected condition. Bipolar disorder is no longer a rare disorder seen only by psychiatrists working with psychotic inpatients, and this handbook provides an invaluable update on the topic to all those involved in the care of people with the condition – primary care physicians, psychiatrists, therapists and specialist nurses. The information may also prove useful to people with bipolar disorder and their families.

Contents:

Definitions; diagnosis and comorbidity; Etiology; Epidemiology; The patient's perspective; Enhanced care; Short-term treatments; Long-term treatments; The future; Useful resources.

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